

## Getting to know your Star Bright

We want to make that transition to North Star Academy as smooth as possible for your child. We would like to gather as much information about what your child is used to in regards to meal time and nap time. We would love any information that you feel would help us offer the best care possible.

### Eating Habits:

Is your child eating at the table? Are they on a consistent schedule for meals and snack?

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### Sleeping Habits:

Please provide a normal nap schedule for your child and any routines they follow:

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Please provide additional information that you would like for us to know about your parenting style or the temperament, likes and dislikes of your child so that we can offer the best care possible:

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